

Resultater Supertrippelen 2021-2023 med løype- og mellomtider

Resultater 10.09.2023:

18 grader, lettskyet pent vær. Vind fra sør 2 m/s. Gode forhold.

Pl.	Navn	10,2 km	Pl.	(8,8 km)	19,0 km	Pl.	(7,0 km)	26,0 km
1	Arroyo, Ruben Marco	0:44:00	1	0:40:06	1:24:06	1	0:30:21	1:54:27
2	Nilsen, Jørn Espen	0:45:16	2	0:41:07	1:26:23	2	0:31:19	1:57:42
3	Knudsen, Christer	0:47:59	3	0:41:36	1:29:35	3	0:32:25	2:02:00
4	Borgen-Johansen, Lise	0:48:00	4	0:42:23	1:30:23	4	0:32:51	2:03:14
4	Borgen-Johansen, Mats	0:48:00	4	0:42:23	1:30:23	4	0:32:51	2:03:14
6	Rostad, Kristoffer	0:50:57	9	0:44:49	1:35:46	6	0:33:02	2:08:48
7	Wernersen, Regin	0:51:48	16	0:43:58	1:35:46	6	0:33:50	2:09:36
8	Hox, Lars	0:51:34	11	0:44:38	1:36:12	11	0:33:57	2:10:09
9	Eriksen, Lars-Andreas	0:48:54	6	0:46:52	1:35:46	6	0:34:39	2:10:25
10	Guthu, Geir Ole	0:48:54	6	0:46:52	1:35:46	6	0:35:00	2:10:46
11	Nilsen, Rune	0:51:34	11	0:44:38	1:36:12	11	0:35:18	2:11:30
12	Halle, Alexander Braseth	0:51:30	10	0:44:41	1:36:11	10	0:35:56	2:12:07
13	Hansen, Linn Therese	0:50:41	8	0:47:52	1:38:33	16	0:34:57	2:13:30
14	Berg, Kai	0:51:48	16	0:45:21	1:37:09	15	0:36:33	2:13:42
15	Hansen, Jon Andreas	0:51:37	14	0:45:20	1:36:57	13	0:37:11	2:14:08
16	Smaaberg, Bjørn Arild	0:51:34	11	0:45:23	1:36:57	13	0:37:24	2:14:21
17	Steen, Knut Willy	0:55:27	18	0:48:14	1:43:41	17	0:35:06	2:18:47
18	Strangel, Bjørn-Erik	0:51:40	15	0:52:45	1:44:25	18	0:40:04	2:24:29
19	Syversen, Jon Vegard	0:56:07	21	0:49:47	1:45:54	19	0:38:57	2:24:51
20	Lundestad, Ida	0:58:01	23	0:51:07	1:49:08	23	0:40:31	2:29:39
21	Skaar, Anders	0:56:04	20	0:52:26	1:48:30	21	0:41:39	2:30:09
22	Mathisen, Oscar	0:56:03	19	0:52:27	1:48:30	21	0:41:43	2:30:13
23	Osmani, Halim	0:56:15	22	0:51:57	1:48:12	20	0:44:40	2:32:52
24	Stordal, André	0:58:10	24	0:53:02	1:51:12	24	0:43:08	2:34:20
25	Dalen, Frithjof	0:59:22	26	0:53:16	1:52:38	25	0:41:48	2:34:26
26	Simonsen, Sven	0:59:55	27	0:54:43	1:54:38	26	0:44:09	2:38:47
27	Mathisen, Espen	1:03:06	28	0:55:54	1:59:00	28	0:44:59	2:43:59
28	Larsen, Kristian	1:04:34	29	0:57:48	2:02:22	29	0:42:07	2:44:29
29	Aasberg Johansen, Stian	0:59:12	25	0:57:31	1:56:43	27	0:49:15	2:45:58
30	Arnesen, Jon Vidar	1:05:51	30	0:58:34	2:04:25	30	0:45:33	2:49:58
31	Sognlien, Tom	1:09:43	31	1:11:18	2:21:01	31	0:56:34	3:17:35
	Fredriksen, Sindre							DNF

Resultater 25.09.2022:

14 grader, lettskyet pent vær. Svak vind, skiftende retning. Gode forhold.

Pl.	Navn	10,2 km	Pl.	(8,8 km)	19,0 km	Pl.	(7,0 km)	26,0 km
1	Erstad, Magnus	0:45:52	1	0:34:24	1:24:16	1	0:27:50	1:52:06
2	Johansen, Mats Borgen	0:46:29	2	0:39:56	1:26:25	2	0:30:09	1:56:34
3	Kvame, Anders	0:46:29	2	0:41:20	1:27:49	3	0:34:04	2:01:53
4	Smaaberg, Bjørn Arild	0:49:26	4	0:43:20	1:32:46	4	0:33:34	2:06:20
5	Nilsen, Rune	0:49:26	4	0:43:42	1:33:08	5	0:33:50	2:06:58
6	Fredriksen, Sindre	0:49:01	6	0:46:59	1:36:00	7	0:39:03	2:15:03

6	Johansen, Sverre Lande	0:49:26	7	0:45:11	1:34:37	6	0:40:26	2:15:03
8	Berg, Kai	0:53:00	8	0:46:30	1:39:30	8	0:35:35	2:15:05
9	Hox, Lars	0:56:41	14	0:46:31	1:43:12	9	0:36:38	2:19:50
10	Skorpen, Ingvild	0:54:55	11	0:48:20	1:43:15	10	0:39:42	2:22:57
11	Steen, Knut Willy	0:54:20	9	0:50:43	1:45:03	11	0:39:56	2:24:59
12	Eriksen, Lars-Andreas	0:56:31	12	0:51:00	1:47:31	13	0:38:30	2:26:01
13	Ahmad, Fairuz Syed	0:57:03	16	0:50:28	1:47:31	13	0:39:06	2:26:37
14	Baustad, Alexander	0:54:20	9	0:50:43	1:45:03	11	0:42:04	2:27:07
15	Nygård, Alf-Martin	0:57:25	18	0:52:21	1:49:46	17	0:39:07	2:28:53
16	Arnesen, Camilla Opstad	0:59:05	19	0:51:35	1:50:40	18	0:40:22	2:31:02
17	Syversen, Jon Vegard	0:56:31	12	0:51:57	1:48:28	15	0:45:47	2:34:15
17	Vikesland, Pål	0:57:16	17	0:52:02	1:49:18	16	0:44:57	2:34:15
19	Olufsen, Glenn	1:00:58	22	0:53:42	1:54:40	21	0:40:16	2:34:56
20	Osmani, Halim	0:59:43	20	0:54:28	1:54:11	20	0:42:58	2:37:09
21	Svandal, Magne	1:01:32	23	0:55:27	1:56:59	23	0:47:27	2:44:26
22	Jensen, Kristoffer	1:00:02	21	0:55:58	1:56:00	22	0:50:40	2:46:40
23	Westberg, Raymond	0:57:01	15	0:54:50	1:51:51	19	1:01:21	2:53:12
24	Sognlien, Tom	1:05:14	24	1:01:16	2:06:30	24	0:50:08	2:56:38
25	Høier, Birthe Lundestad	1:09:26	25	1:04:04	2:13:30	25	0:52:45	3:06:15
26	Ileby, Helene	1:09:26	25	1:04:04	2:13:30	25	0:52:56	3:06:26
27	Årøen, Asbjørn	1:37:53	27	1:44:37	3:22:30	27	1:24:57	4:47:27
	Oliversen, Magnus							DNF
	Henriksen, Roar							DNF
	Skjelhaugen, Daniel							DNF
	Fredriksen, Stian							DNF

Resultater 05.09.2021:

18 gr, skyet og sol etter hvert. Vind fra sørvest 5 m/s. Topp forhold

Pl.	Navn	10,2 km	Pl.	(8,8 km)	19,0 km	Pl.	(7,0 km)	26,0 km
1	Arroyo, Ruben Marco	0:42:34	1	0:37:34	1:20:08	1	0:28:49	1:48:57
2	Gundersen, Martin	0:44:44	2	0:39:44	1:24:28	2	0:31:03	1:55:31
3	Kvame, Anders	0:45:02	3	0:39:34	1:24:36	3	0:31:49	1:56:25
4	Bjerke, Terje	0:45:04	4	0:40:04	1:25:08	4	0:33:10	1:58:18
5	Hansen, Linn Therese	0:49:20	5	0:42:58	1:32:18	5	0:31:55	2:04:13
6	Nilsen, Rune	0:54:39	11	0:46:22	1:41:01	7	0:33:45	2:14:46
7	Skaar, Espen	0:52:05	6	0:48:05	1:40:10	6	0:38:52	2:19:02
8	Klausen, Glenn	0:53:34	7	0:48:07	1:41:41	9	0:37:49	2:19:30
9	Berg, Kai	0:53:44	8	0:47:44	1:41:28	8	0:40:12	2:21:40
10	Noreng, Lars	0:53:45	9	0:49:43	1:43:28	10	0:39:41	2:23:09
10	Steen, Knut Willy	0:53:47	10	0:49:41	1:43:28	10	0:39:41	2:23:09
12	Syversen, Jon Vegard	0:55:33	13	0:50:15	1:45:48	12	0:39:06	2:24:54
13	Bill, Daniel	0:55:55	14	0:50:37	1:46:32	13	0:40:36	2:27:08
14	Vikesland, Pål	0:55:55	14	0:50:41	1:46:36	14	0:42:32	2:29:08
15	Raagaard, Henrik Lund	0:55:31	12	0:52:26	1:47:57	15	0:42:27	2:30:24
16	Kaspersen, Steve	0:58:10	17	0:52:15	1:50:25	16	0:46:25	2:36:50
17	Martinsen, Jon Daniel	0:56:54	16	0:54:55	1:51:49	17	0:47:38	2:39:27
18	Liepina, Kristine	1:01:00	19	0:58:22	1:59:22	20	0:48:29	2:47:51
19	Osmani, Halim	1:02:54	20	0:56:12	1:59:06	18	0:51:18	2:50:24
20	Moen, Morten	1:03:13	21	1:02:13	2:05:26	21	0:46:01	2:51:27
21	Handelsby, Raymond	0:58:20	18	1:00:52	1:59:12	19	0:55:57	2:55:09

22	Aasen, Ole Johnny	1:07:21	22	1:03:54	2:11:15	22	0:53:22	3:04:37
23	Nilsen, Roger	1:11:30	23	1:04:05	2:15:35	24	0:54:08	3:09:43
24	Sognlien, Tom	1:11:30	23	1:03:56	2:15:26	23	1:04:13	3:19:39
	Oliversen, Magnus							DNF